|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Carb Tested** | **Type of Carb** | **Sweetness** | **Color** | **Texture** | **Function** |
| Galactose | monosaccharide | 7 | white | powder | Influences structure of glycoprotein |
| Maltose | disaccharide | 2 | white | powder | Digestion of starch |
| Glucose | monosaccharide | 9 | white | granulated | Helps body functions |
| Cellulose | polysaccharide | 1 | pale yellow | powder | Structural help for plants |
| Fructose | monosaccharide | 10 | white | granulated | energy |
| Sucrose | disaccharide | 8 | white | granulated | energy |
| Starch | polysaccharide | 1 | white | granulated | energy |
| Lactose | disaccharide | 3 | white | powder | energy |